

WOMAN TRIAL IN NIGERIA



May 2010

NIGERIA LEADS THE WAY – 100 patients randomised!

Following several months of preparation, the WOMAN trial has finally commenced recruitment of patients in Nigeria. Pre-trial activities reached a peak when the trial coordinators from the London School of Hygiene & Tropical Medicine held a meeting with 25 principal investigators at the University College Hospital, Ibadan, on March 5-6, 2010. The meeting was memorable and successful as you can see from the happy faces below!



It served as a stimulus for principal investigators, as training of research teams was subsequently conducted at several sites. It was heartwarming to observe a quick pace of recruitment across different sites following the commencement of the trial. One is particularly encouraged by the reports of enthusiasm and goodwill demonstrated by members of research teams and other clinical staff at the sites. Given this wide support, we will admonish all principal investigators to establish mechanisms, which will ensure that all eligible women are recruited. We should continuously devise means to stimulate the interest of all trial team members. Remember, it is a long path to 2015! We also call on all principal investigators who are yet to commence the trial to accelerate necessary pre-trial activities in order to start recruitment.

While thanking everyone for the good work, we enjoy you all to maintain the pace of recruitment.

Bukola Fawole, National Coordinator

Success at the Federal Medical Centre Gusau, top recruiting team!



Left to right: Dr Abubakar, Dr Owodunni, Mrs Anosike, Dr Shittu and Kamil Shoretire

Our success story is the determination of the team to see this trial through. The cooperation of the consultant staff and the hospital management has contributed in no small measure to the trial. We have a team that fully understands the importance of the trial and the possible impact on the maternal health situation in the developing world. All the doctors in the departments of OBGY are identifiers of potential trial participants as soon as postpartum bleeding cases are seen. The PI or the co-investigator Dr Owodunni is informed and within a short time the participation is discussed with the client or the relative. If the eligible client or her relations give informed consent according to the protocol, then she is randomised.

Our sister hospitals in the Zamfara state are informed of the study for early referral to the centre when difficult PPH cases are seen. Our response time to emergency obstetric cases has improved tremendously in the recent past due to the increased number of resident doctors in the unit. The combination of all of the above has led us to this stage. We are poised to continue to contribute our part to improving maternal and newborn health in our communities.

Kamil Shoretire, PI, FMC Gusau



FMC Katsina team with PI Babasola Okusanya



Team at Irrua Specialist Teaching Hospital with PI Felix Okogbo

*Collaborating to make a
difference to maternal lives*



MANY CONGRATULATIONS TO ALL RECRUITING TEAMS!

Federal Medical Centre Gusau, Kamil Shoretire	19
Adeoyo Maternity Hospital, Akintunde Kehinde Ayinde	16
Federal Medical Centre Azare, Umar Ibrahim	14
University College Hospital Ibadan, Oladapo Olayemi	9
Federal Medical Centre Katsina, Babasola Okusanya	8
Nnamdi Azikiwe University Teaching Hospital, Joseph Ikechebelu	8
University of Abuja Teaching Hospital, Olatunde Onafowokan	8
Federal Medical Centre Makurdi, Andrea Jogo	4
University of Ilorin Teaching Hospital, Abiodun Peter Aboyeji	4
Lagos University Teaching Hospital, Omololu Adegbola	4
Irrua Specialist Teaching Hospital, Felix Okogbo	2
Ladoke Akintola University of Technology Teaching Hospital, Adetunji Oladeni Adeniji	2
Obafemi Awolowo University Teaching Hospital, Babalola Adeyemi	1



What about the rest of the World?

Recruitment has started in Albania and drugs have just arrived in Cameroon where we expect the first randomisation any day now. Ethics and regulatory applications are progressing in a further 25 countries across Africa, Asia, Latin America and Europe. This is truly a global collaboration, but

NIGERIA LEADS THE WAY!

The success of the trial depends crucially on the success of the trial in Nigeria.

CONGRATULATIONS to Oladapo Olayemi and his team at University College Hospital Ibadan for recruiting the first patient into the WOMAN trial! Here is what he has to say about the experience.

RECRUITING THE FIRST PATIENT: TRAINING BY DOING



The team at UCH Ibadan, with PI Oladapo Olayemi

Recruiting our first patient for the WOMAN trial also provided an opportunity for a 'practical' session following our training presentation.

The presentation was done on the day before our first recruitment. I was on call and had just completed a Caesarean Section when I noticed activity in the other labour ward theatre. Out of curiosity I stopped over to find out what was happening. There was an 18-year old girl bleeding from cervical laceration.

I promptly brought a pack of the trial drugs and called all the residents together for a 'practical' session to what we all learned the previous day. I also learned a lot from the session. Questions were asked and we all found answers. Though not planned in this case, this kind of learning process may help in sensitising colleagues to the trial in our centers.

This was our first recruitment and also, by chance, the first randomisation for the WOMAN trial.



*Joseph Ikechebelu
Nnamdi Azikiwe UTH*



Team from FMC Abeokuta, PI Dr Moses Oluwafemi Alao



Ilorin UTH team, PI Abiodun Peter Aboyeji



FMC Owerri team, PI Emily Nzeribe

More sites soon to start

Drugs on site, all ready to go – allow your women with PPH to help each other – remember to randomise!

- Seventh Day Adventist Hospital Ile-Ife, Jason Lohr
- Lagos State UTH, Oluwarotimi Ireti Akinola
- National Hospital Abuja, Olubunmi Lapido
- Olabisi Onabanjo UTH, Olufemi Oladapo

Materials soon to be sent to:

- FMC Abeokuta, Moses Oluwafemi Alao

Documents complete – awaiting NHREC and NAFDAC approval

- FMC Owerri, Emily Nzeribe
- Delta State UTH, Lawrence Omo-Aghoja
- FMC Ido-Ekiti, Augustine Adebayo Adeniji
- Maitama District Hospital, Francis Alu
- University of Port Harcourt TH, Chris Akani
- FMC Birnin-Kebbi, Jaiyeola Oyetunji
- University of Calabar TH, Saturday Etuk
- University of Maiduguri TH, Audu Idrisa
- Kogi State Specialist TH, Emmanuel Gbejgebe

In progress – you will want to start, so please return all your documents as soon as possible!

- FMC Owo, Olufemi Akinsanya
- Uyo UTH, Aniefiok Umoyiyo
- Jos UTH, Josiah Mutahir
- University of Nigeria TH Enugu, Hyacinth Onah
- FMC Lokoja, Onile Temitope
- Nigeria Christian Hospital, Chisara Umezurike
- Bowen UTH, Ambrose Attansey
- Lagos Island Maternity Hospital, Ifemeje Arafat

Look out for the results of the CRASH-2 trial (TXA for the treatment of traumatic haemorrhage) which will be published in the Lancet journal in June. The results will impact importantly on the WOMAN trial!